

## APPLICATIONS OF NISIN

NISIN , as an effective **Natural Food Preservative**, can be used in a number of Foods under the permission by local legislation.

Some of the applications of NISIN are listed as follows:

- 1) Dairy Products
- 2) Meat Products and Marine Products
- 3) Plant Protein Foods
- 4) Canned Food
- 5) Fruit Juice Drinks
- 6) Liquid Egg and Egg-Contained Products
- 7) Alcoholic Beverage
- 8) Salad Sauce And Dressings
- 9) Sealed Foods With Heat Process

### 1) DAIRY PRODUCTS :

- a) Addition of 0.05 gm /kg. NISIN to pasteurized milk, the storage period can be **expanded over 2 times**.
- b) Adding 0.08 gm. / kg. to 0.1gm. /kg. NISIN to second Disinfected Milk and sterilizing at 115°C for 15 minutes can make the products to reach the commercially "**No bacteria standard**".
- c) Usage of 0.05 gm. / kg. NISIN in sour milk and fruit milk (about pH = 4) and sterilizing at 90 °C for 20 minutes can **prolong** the Shelf Life from **6 days up to over 1 month** at ambient Temperature.
- d) Usage of 0.05 gm / kg. NISIN at UHT in Bacteria-Free packing milk, can reduce the rate of putrefaction from 0.04% to 0%.
- e) Addition of 0.08 gm. / kg. to 0.1 gm. / kg. NISIN to No-sugar canned condensed milk, can inhibit the out-growth of Heat-Resistant spores and **decrease 10 minutes in heat process time**.
- f) Addition of 0.08 gm. / kg. NISIN and treatment at 121 °C for 3 minutes (i.e. FO=3) can maintain the Shelf life of low or Non-Fat Milk, No - salt Cream, and Flavor Milk to 6 weeks at 40 °C .

- g) Addition of 0.05 gm. /kg. to 0.1gm. / kg. NISIN to processing **Cheese** can **solve the putrefaction** caused by Gram-positive bacteria (such as Clostridium botulinum and other Anaerobic Clostridium, Lactobacillus bulgaricus etc.).

## **2) MEAT PRODUCTS AND MARINE PRODUCTS :**

### **a. Meat Foods :**

Addition of 0.05 gm. / kg. to 0.15 gm. / kg. NISIN combined with a few of other food preservatives to the low temperature Meat products can expand the **storage period to more than 3 months** at Ambient Temperature.

### **b. Marine products :**

Addition of 0.1gm. / kg. to 0.15 gm. / kg. NISIN to Fish or Mollusks or other marine products can effectively inhibit the spoilage Gram-positive bacteria, and prolong the Shelf life **over 5 times**.

## **3) PLANT PROTEIN FOODS :**

- a. Addition of 0.1gm. / kg. to 0.15 gm. / kg. NISIN to Soya-bean Milk can prolong the Shelf life **over 3 times**.

- b. Addition of 0.1gm. / kg. NISIN to Lactones bean Curd can expand the Shelf life **over 5 times**.

- c. Addition of 0.1gm. / kg. NISIN combined with a few of other food preservatives to Bean Cheese and sterilization appropriately can prolong the Shelf life to **6 months**.

- d. Addition of 0.1gm. / kg. NISIN to Peanut milk (the microbial colonies is less than 40 cfu / ml after pre-treatment) can increase the Shelf life to more than **one month**.

## **4) CANNED FOOD :**

Canned foods are often contaminated by some extremely heat- resistant bacteria spores.

These spores will grow to cause food decay in appropriate condition.

Addition of 0.1gm. /kg NISIN to Canned Food can **Prolong the food storage to 2 years at blazing Temperature.**

Moreover, its use in canned foods can also decrease the heat- treatment degree by 50%, which not only **saves the energy**, but also **improves the Nutritional Value**, Appearance and Quality of foods.

#### 5) **FRUIT JUICE DRINKS :**

The putrefaction of fruit juice is caused mainly by Alicyclo Bacillus spp., which is an Acidic and heat resistant spore - forming bacteria and suitable to grow & reproduce at temp. of 25°C – 60 ° C and at pH 2.5 - 6.0.

*Alcalophilus* spp. can contaminate the product in the process of drinking, production or water using.

The addition of 0.05 gm. / kg. to 0.1gm. / kg. NISIN can prevent the growth and reproduction of the survival Alicyclobacillus spores and guarantee the quality of products.

#### 6) **LIQUID EGG AND EGG-CONTAINED PRODUCTS :**

Addition of 0.05 gm. / kg. to 0.1gm. / kg. NISIN to liquid egg or egg-contained products can effectively inhibit heat-resistant spores and prolong the Shelf life from **7 days to over one month.**

#### 7) **ALCOHOLIC BEVERAGE :**

NISIN can not inhibit Yeast and therefore, is allowed to be used in The Fermentation of Alcoholic Beverage, such as Beer, Fruit wine And other wine products.

- a. **Yeast pre-treatment:** NISIN can **replace** the **traditional method** of acidic rinse to eliminate the contamination of *Lactolactis* in yeast, which **will increase** the Living Activity, Fermentation and Aggregation of Yeast.

1.0 gm./ kg. to 1.5 gm. /kg. NISIN is added to yeast syrup and stir well, then keep it for 4-6 hours.

- b. **Decrease pasteurized time:** Add 0.01gm / kg. to 0.05 gm. / kg. NISIN to the products at the end of pasteurization.

- c. **Inhibit bacteria:** Addition of 0.025 gm. / kg. to 0.1gm. / kg. NISIN before Fermentation, the residual amount of NISIN in the finished wine can reach 0.01gm. / kg. to 0.05 gm. / kg.

Addition of 0.1gm. / kg. NISIN during the process of Fermentation of the Grape wine can prevent the pollution caused by *Lactobacillus brevis*, *L. casei* and *Leuconostoc* spp. et al.

## 8) SALAD SAUCE AND DRESSINGS :

Addition of 0.05 gm. / kg. to 0.2 gm. /kg. NISIN to these types of products can inhibit Lactic-acid bacteria and spores, reduce the putrefaction of Low - Fat and Low - Salt products, and prolong the Shelf life by **over 3 times**.

## 9) SEALED FOODS WITH HEAT PROCESS :

High heat process will affect the quality of sealed foods, and low heat process will not kill the heat-resistant spores.

The addition of 0.05 gm. / kg. to 0.2 gm. / kg. NISIN to these types of foods can solve above mentioned problems effectively.

## IMPORTANT POINTS TO REMEMBER DURING APPLICATIONS .

1. NISIN can **inhibit** the **Gram-positive bacteria**, but has **no action** on **Gram-negative bacteria, Yeasts and Moulds**.

The usage of NISIN combined with other food preservatives will increase the effect when the products contaminate Gram-negative Bacteria, Yeasts and Moulds.

2. The effect of NISIN, as a Food Preservative is affected by the factors below:
- The type of products:** The contaminated microbes vary in products, and NISIN possesses different inhibiting action on different microbes.
  - The degree of pollution and environment conditions:** The deeper of pollution and the poorer of environment conditions, the more the NISIN should be used. And the usage of NISIN will not be effective for the rotten products.
  - The pH of products:** NISIN is effective with a wide range of pH level (3.5--8.0). It is stable at low pH value.

- d. **The Moisture, Fat and Salt in the products:** the products with high moisture, high fat and low salts will need more usage of NISIN.
- e. **The types of flavor additives:** The mixture of oxidizing flavor additives can decrease the effect of NISIN .
- f. **The process and the package materials:** The appropriate process and the cleaned package materials will optimize effects for the usage of NISIN.
- g. **The homogeneous degree of the mixture of the product and NISIN :** The parts of the product without touch with NISIN are not effective .
- h. The amount of NISIN used varies with **Storage Temperature** and the **Shelf life.**